

Inspected and rated Good CareQuality Commission

Rated Good by the Care Quality Commission

Good in all five key questions · CQC report, June 2026

VISITING HOME CARE · NORTH & CENTRAL LONDON

Visiting Home Care

A helping hand, right at home.

Regular visits from a familiar carer who helps with the parts of the day that have become harder — so life can carry on at home, in the way you're used to.

UNDERSTANDING VISITING HOME CARE

Support that fits around your day, not the other way round.

Visiting home care means a carer comes to your home at agreed times to help with whatever you need — getting up and dressed, a hot meal, a reminder about medication, or simply some company and a walk to the shops.

Many people begin with a small number of visits. Our private packages start from seven hours a week, with each visit lasting at least an hour, and support can increase or reduce as needs develop — always subject to assessment and availability.



Who it may help

- Older people who want to stay independent at home with a little help
- Someone whose routine has become harder after an illness or a fall
- People settling back home after a hospital stay
- Families living further away who want reassurance
- Family carers who need regular support alongside their own

GOOD TO KNOW

Starting small is perfectly fine

You don't need to know exactly what help is needed before you call. Many families begin with companionship or help with shopping, and add more as confidence grows.

The main benefits

Your home, your routine

Meals, bedtimes and favourite habits stay just as they are.

Independence protected

We help with what has become harder and encourage everything else.

Help that can change

Visits are reviewed and adjusted as needs develop.

HOW HEDGEROW MAKES A DIFFERENCE

Practical help, from people who get to know you.

Everything is agreed in a written care plan following your assessment, so each carer knows what help is wanted and how you like things done.

Personal care

Washing, dressing, continence and getting ready for the day, with dignity.

Meals & nutrition

Cooking favourite meals together and keeping an eye on eating and drinking.

Medication assistance

Prompts or assistance with medication, as set out in the care plan.

Companionship

Conversation, hobbies, outings and appointments — someone to share the day with.

Around the house

Light housework, laundry, bins, shopping and keeping on top of post.

Flexible arrangements

Visit times agreed with you around the shape of your day.

01

Familiar carers

We build a small, regular team around each person, so the same friendly faces visit week after week.

02

Families kept informed

With permission, authorised relatives of private clients can view care plans and visit notes in the Birdie family app.

03

A local team

Care is planned and overseen by managers in our NW8 office, who review each care plan regularly.

How visits can change over time

Care isn't fixed once it begins. We check in regularly and adjust the plan when circumstances change, subject to assessment and availability.

- Begin with a few visits a week
- Reduce visits as confidence returns
- Add support after a hospital stay or a change in health
- Discuss overnight or live-in care if needs grow



TAKING THE NEXT STEP

Let's find the right amount of help.

It starts with a friendly conversation. There's no obligation, and you don't need to have all the answers.

Step 1

Talk to us

Call and tell us what's happening and what you're hoping for.

Step 2

Free assessment

We visit to understand needs, routines and preferences. Family welcome.

Step 3

Your care plan

We agree what help is needed and when, and introduce suitable carers.

Step 4

Care begins

Visits start on an agreed date, and we review as needs change.

ARRANGE A FREE CARE ASSESSMENT

020 3876 7833

hedgerowhomecare.com/homecare-services-north-london

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Care assessments are free and carry no obligation. All care is subject to assessment and availability. Our telephone line connects to an out-of-hours on-call team; the office itself is not staffed around the clock.