

**Rated Good by the Care Quality Commission**

Good in all five key questions · CQC report, June 2026

LIVE-IN CARE · NORTH & CENTRAL LONDON

Live-in Care

Life at home, with support by your side.

A carefully matched carer lives in your home, offering one-to-one support, company and help with everyday life — so you can stay among your own things, your neighbours and your own routines.

Someone there through the day, in the home you know.

With live-in care, a carer moves into the home and supports the person day to day — from getting up in the morning to settling down at night. Because they're there, help doesn't need to fit a visit slot: meals, a walk or company in the evening can happen when the person wants them.

Our office team stays closely involved. We plan the care with you, introduce the carer, review how things are going and arrange cover for your carer's breaks and leave.



Who it may help

- ✓ People who need support at different points across the day
- ✓ Couples who want to stay together at home
- ✓ People living with dementia who feel calmer in familiar surroundings
- ✓ Someone returning home after hospital who needs more help for a while
- ✓ Families worried about a relative living alone

GOOD TO KNOW

Live-in care isn't 24-hour waking care

A live-in carer is there through the day and can help occasionally at night, but they need a proper night's sleep and daily breaks. If substantial night-time help is needed, we'll talk honestly about additional arrangements, such as waking night care or a second carer.

The main benefits

Familiar surroundings

Rooms, belongings, neighbours and pets stay part of daily life.

One-to-one attention

Support focused on one person, or one couple — not a whole floor.

Easy family visits

Relatives can drop in whenever suits, just as before.

The right person makes all the difference.

Sharing a home is personal. We take time to understand the person first, then look for a carer whose skills, experience and personality suit them.

Personal care
Discreet help with washing, dressing, continence and getting ready for the day.

Meals & daily activities
Shopping, cooking favourite meals and keeping up hobbies and outings.

Companionship
Conversation, shared interests and company through the day.

Medication
Prompting or assistance as set out in the care plan.

Support for couples
Where suitable, one carer can support a couple, assessed on their combined needs.

Planned breaks & relief
Your carer has regular weekly breaks and leave, covered by a briefed relief carer.

01 Careful matching
We learn about personality, routines and interests first and, where possible, you can meet carers before deciding.

02 Continuity & family
We aim to use the same familiar relief carers. Authorised relatives of private clients can follow care notes in Birdie.

03 Quality oversight
Our NW8 management team reviews each placement and checks in during carer changeovers.

Live-in care or a care home?

Both can be the right choice. Some differences families weigh up:

AT A GLANCE	LIVE-IN CARE	RESIDENTIAL CARE
Where	At home, among familiar things	A new setting, shared with other residents
Attention	One carer for one person or couple	Staff support many residents
Night-time	Carer sleeps in; extra night support can be added	Night staff on duty across the building



TAKING THE NEXT STEP

From first call to first day.

Arranging live-in care takes a little planning. We'll explain everything involved, including what your carer will need in the home.

Step 1

Talk to us

Tell us what's happening and what you're hoping for.

Step 2

Free home assessment

We look at needs, routines and the home, including a private room for the carer.

Step 3

Quote & matching

You receive a written quote and we introduce carers suited to the person.

Step 4

Care begins

Your carer moves in on an agreed date. We stay involved and review.

ARRANGE A FREE CARE ASSESSMENT

020 3876 7833

hedgerowhomecare.com/live-in-care-north-london

Hedgerow Homecare Ltd · Office 1, Second Floor, Park Lorne, 111 Park Road, London NW8 7JL



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Care assessments are free and carry no obligation. All care is subject to assessment and availability. Our telephone line connects to an out-of-hours on-call team; the office itself is not staffed around the clock.